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| --- | --- | --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** | **SUNDAY** |
| Body Sculpt  9:30-10:20am | Bootcamp  9:30-10:20am | Boxercise  9:30-10:20am | Bootcamp  9:30-10:20am | Body Sculpt  9:30-10:20am |  |  |
|  |  |  |  |  | Bootcamp  10-10:50am | Bootcamp  10-10:50am |
|  |  |  |  |  | Boxercise  11-11:50am | Boxercise  11-11:50am |
|  |  |  |  |  | Body Sculpt  12-12:50pm | Body Sculpt  12-12:50pm |
| Boxercise  5:30-6:20pm | Bootcamp  5:30-6:20pm | Body Sculpt  5:30-6:20pm | Boxercise  5:30-6:20pm |  |
| Body Sculpt  6:30-7:20pm | Boxercise  6:30-7:20pm | Bootcamp  6:30-7:20pm | Body Sculpt  6:30-7:20pm |  |
| Bootcamp  7:30-8:20pm | Body Sculpt  7:30-8:20pm | Boxercise  7:30-8:20pm | Bootcamp  7:30-8:20pm |  |
|  |  |  |  |  |

**Quick Fitness 2018 Class Schedule**